How inferior vena cava collapsibility index from a novel implantable sensor correlates with estimated plasma volume and NT-proBNP: a study in patients with chronic heart failure

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## Background

- Natriuretic peptides are recommended as basic diagnostic tools in HF.
- Biomarkers of hemoconcetration may be used for the estimation plasma volume and thus volume status.
- A new wireless implantable sensor can measure inferior vena cava (IVC) area and collapsibility index and was invented for remote monitoring in heart failure.



# **Study objective**

• To evaluate the relationship between IVC collapsibility, estimated plasma volume and NT-proBNP concentration in patients with chronic heart failure (CHF).



#### **Patients**

- Participants of the First in Human Clinical Investigation of the FIRE1 System in Heart Failure Patients (FUTURE-HF)
- Total number six patients (five males, one female)
- Mean age 62 years, LV EF range 20-35% (mean 27%)
- Aetiology 50 % CAD, Functional class 100% NYHA III
- Device therapy: ICD 100 % (67% CRT-D)
- Medical therapy: 83% BB, 100 % ACEI/ARB/ARNI, 100% MRA, 33% SGLT2I,
  - mean daily furosemid dose 40 mg

### **Methods**

- The collapsibility index of the IVC was recorded on each clinic follow-up visit. CI collapsibility index = (IVCe-IVCi)/IVCe x 100%
- Patient's weight recorded and hematocrit (Hct) and NT-proBNP analyzed
- An estimated plasma volume (ePV) was calculated by the Tetsuka Formula (ePV<sub>0</sub> = weight x 0.070 L/kg - constant, ePV<sub>1</sub> = ePV<sub>0</sub> x Hct<sub>0</sub>/Hct<sub>1</sub>).
- Statistics: The correlation of parameters evaluated by Pearson's correlation coefficient.

#### Results, Pearson's correlation coefficient Total number 58 measurments

- Mean ePV 7713.5 ml (median 7465 ml)
- Mean (CI) 46.5 % (median 42.2%)
- Mean NT-proBNP 1122.7 (median 988) ng/l

- Inverse correlation between
- Cl and ePV

(*r* = - 0.35, p = 0.0076)



#### Results, Pearson's correlation coefficient Total number 58 measurments

- The correlation of NT-proBNP with CI
- (r = -0.12, p = 0.31).
- It was expected that IVC CI is accompanied by early volume increase and that its reduction preceeds rise in NT-proBNP



# **Conclusions**

• The CI of the IVC as assessed by a novel implantable sensor correlated with a biomarker of hemoconcentration, showing a statistically significant inverse correlation with ePV, and thus may provide a promising tool to evaluate volume status in heart failure patients in their homes.

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