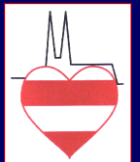


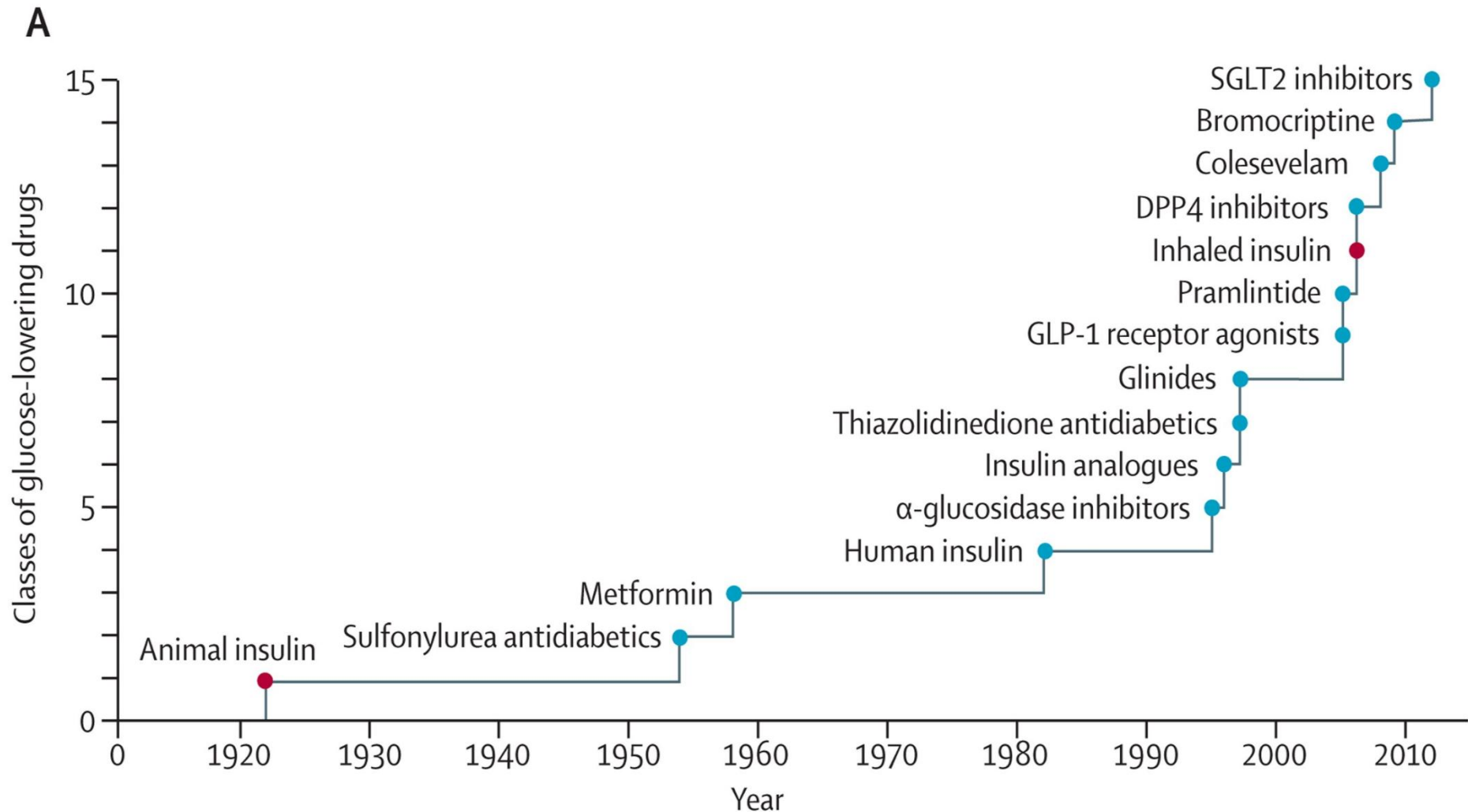
Perorální antidabetika a KV riziko

Špinar J.

Interní kardiologická klinika



Vývoj léků snižujících glukózu



ADA/EASD doporučení: úvodní farmakologická léčba

- **Metformin (MET) zůstává optimálním lékem pro monoterapii u většiny pacientů**
- Dvojkombinační terapie je doporučena, **pokud je hodnota HbA1c $\geq 9\%$ (≥ 75 mmol/mol)** pro efektivnější dosažení cílových hodnot
- Pokud jsou hodnoty glykémie $\geq 16,7$ - $19,4$ mmol/l a/nebo je hodnota HbA1c ≥ 10 - 12% (≥ 86 - 108 mmol/mol), je **preferovaným úvodním režimem bazální inzulin + prandiální inzulin**

Sulfonylurea

- **Výhody** : účinnost,
bezpečnost (více jak 50. leté zkušenosti)
cena
- **Nevýhody** : vzestup hmotnosti
hypoglykemie
časnější selhání (ADOPT)

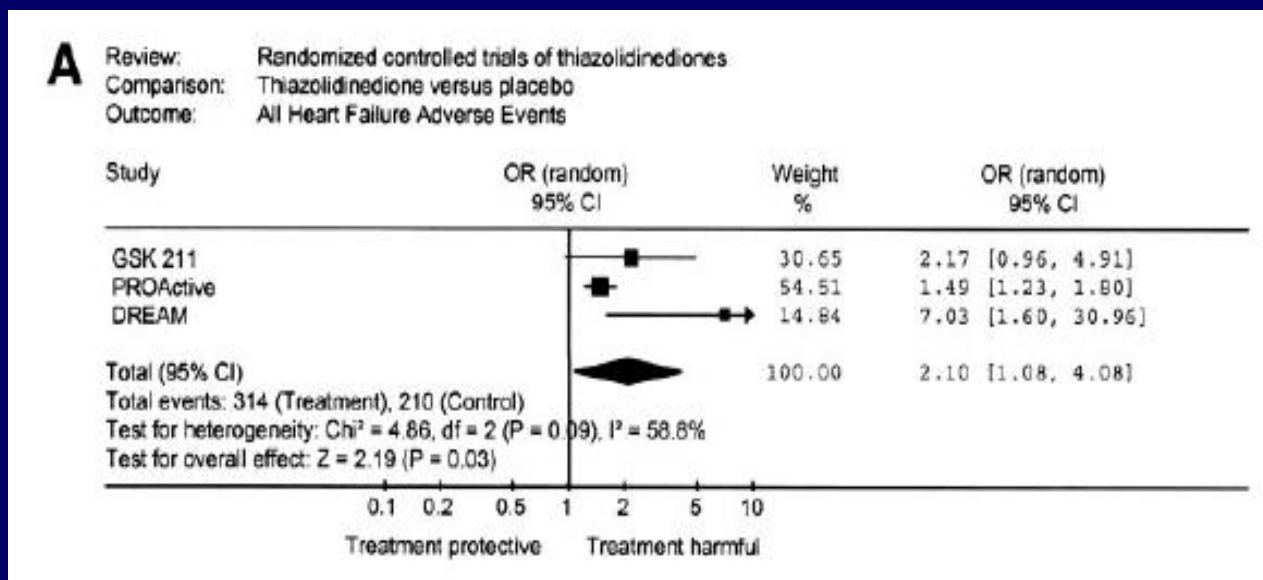
Dnes není doporučována 1. generace SU

Z 2. generace doporučovány modernější preparáty

gliclazid (ADVANCE) a glimepirid

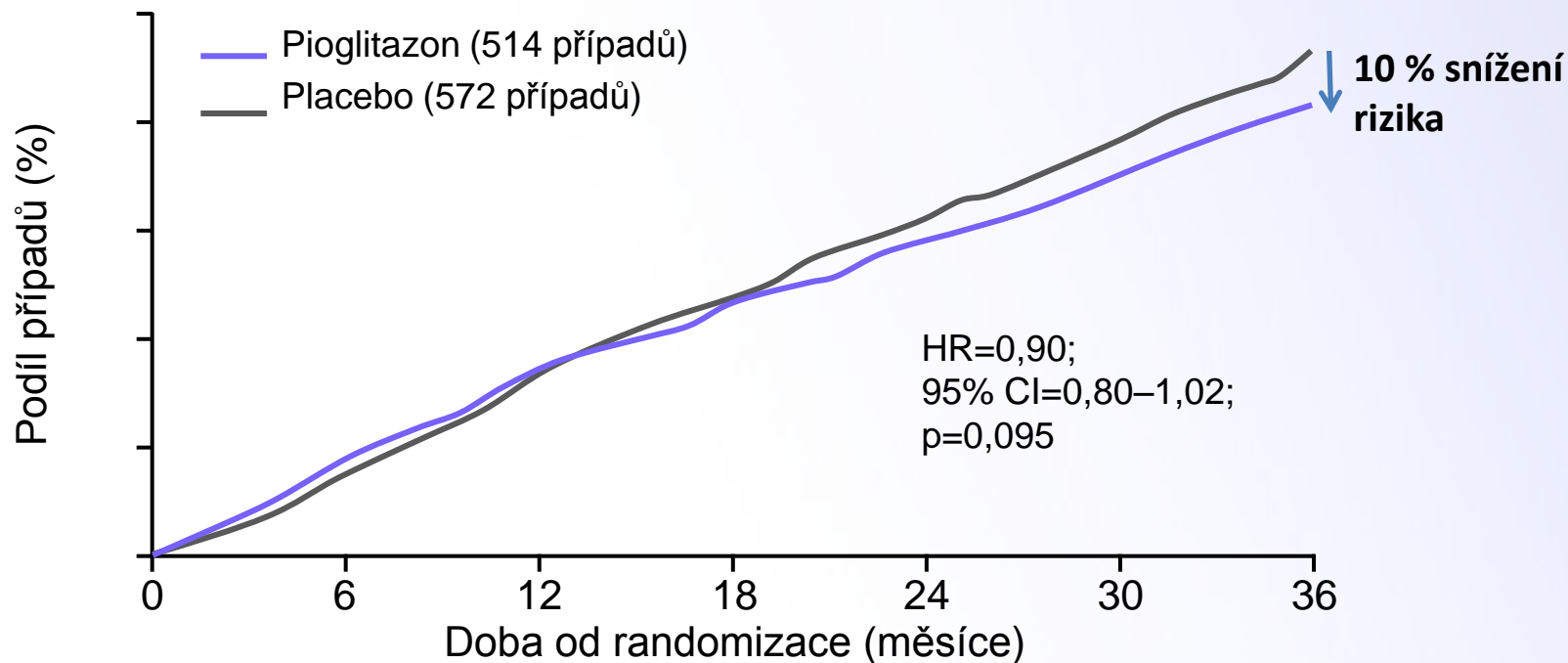
Registr PROSPERO – zvýšená mortalita prokázána pro glipizid.

Thiazolidindiony (glitazony)



CONCLUSIONS — Analýza potvrdila zvýšené riziko srdečního selhání po TZD. Autoři odhadují počet nemocných s novým výskytem ChSS po TZD více jak 50 během 2,2 let. Existující doporučení by měla být revidována a toto riziko zavzít do charakteristiky TZD

Studie PROactive : primární složený cílový ukazatel



Doba do primárního cílového ukazatele (úmrť z jakékoli příčiny, nefatální infarkt myokardu včetně klinicky němého infarktu myokardu, mrtvice, ACS, amputace nohy, koronární revaskularizace nebo revaskularizace nohy¹)

Tips from Other Journals

Ro
Is

25 673 pts

R vs P

Úmrtí +15%

Am

Bac

ass

(CH

also

stro

CHSS hosp. + 13%

individually. Head-to-head comparisons of these two drugs have been rare, and have generally not addressed long-term clinical outcomes. Winkelmayer and colleagues compared cardiovascular outcomes and mortality rates between patients starting rosiglitazone and pioglitazone.

Research

Adverse cardiovascular
rosiglitazone: populati

39 736 pts

R vs P

Úmrtí + CHSS

t with pioglitazone and

BMJ 2009 ; 339 doi: http://dx.doi.o
Cite this as: BMJ 2009;339:b2942

gust 2009)

Article

Related content

6,9% vs 5,3%

eer review

David N Juurlink, division head^{1 2 3 4 5}
Peter C Austin, senior scientist^{4 5 7}, J

p < 0,001

Lipscombe, assistant professor^{5 6},
mad M Mamdani, centre director^{2 4 5 8}

FDA požadavky na kardiovaskulární cíle s novými perorálními antidiabetiky

Guidance for Industry

**Diabetes Mellitus — Evaluating
Cardiovascular Risk in New
Antidiabetic Therapies to
Treat Type 2 Diabetes**

U.S. Department of Health and Human Services
Food and Drug Administration
Center for Drug Evaluation and Research (CDER)

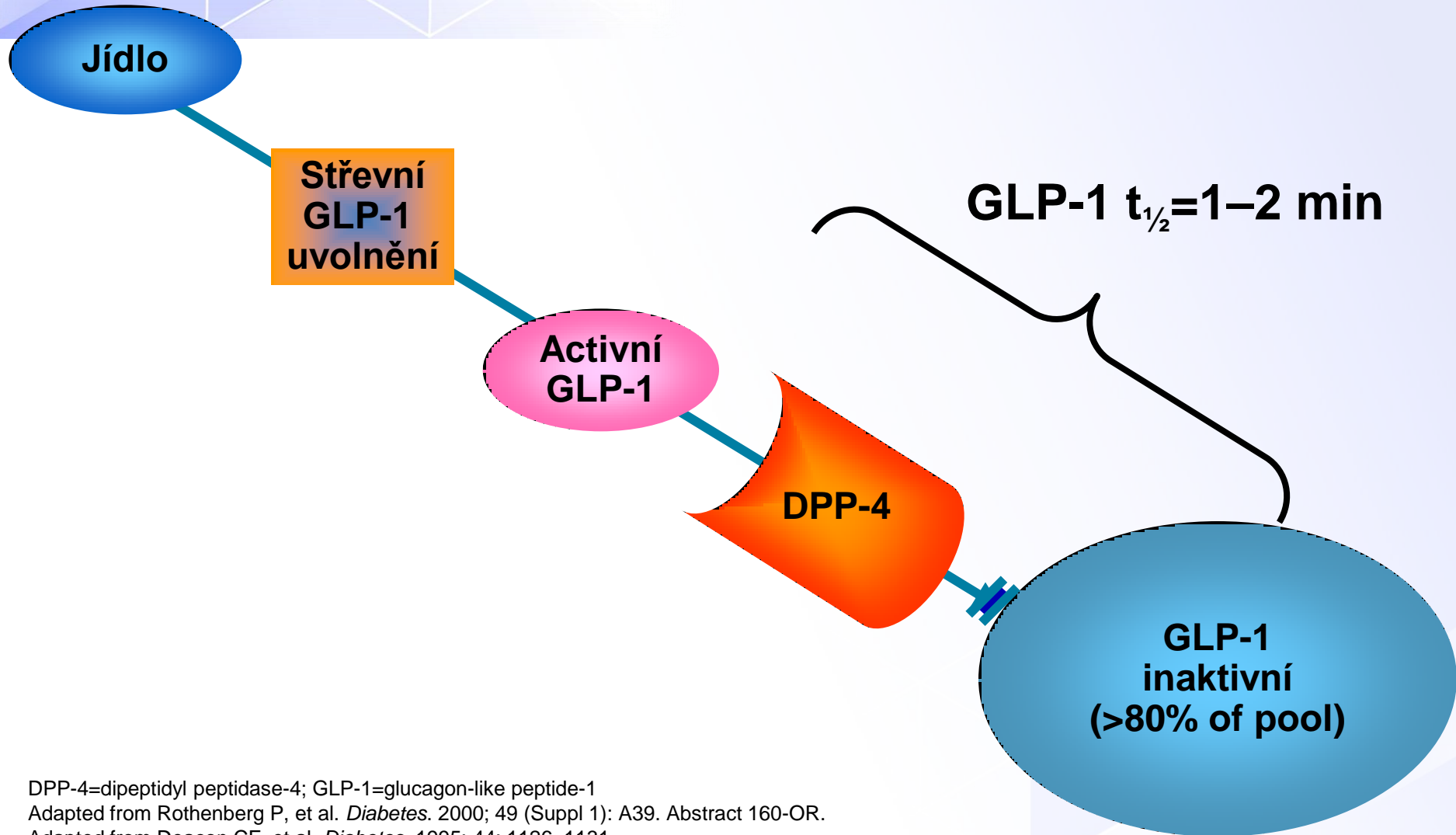
December 2008
Clinical/Medical

2008 FDA doporučení pro perorální antidiabetika zdůrazňují nutnost kardiovaskulární bezpečnosti (účinnosti) před samotným snížením glykémie.

Studie s novým léky

- **GLP-1 agonisté:** *EXLIXA (lixisenatid); LEADER (liraglutid); EXSCEL (exenatid); REWIND (dulaglutid) a FREEDOM (ITCA650 exenatid SC pump)*
- **DPP-4 inhibitory:** *EXAMINE (alogliptin); SAVOR-TIMI 53 (saxagliptin); TECOS (sitagliptin) and CAROLINA (linagliptin)*
- **SGLT2 inhibitory:** *DECLARE-TIMI58 (dapagliflozin); CANVAS (canagliflozin); a EMPA-REG (empagliflozin)*

Inhibice DPP-4 zvyšuje aktivitu GLP-1



DPP-4=dipeptidyl peptidase-4; GLP-1=glucagon-like peptide-1
Adapted from Rothenberg P, et al. *Diabetes*. 2000; 49 (Suppl 1): A39. Abstract 160-OR.
Adapted from Deacon CF, et al. *Diabetes*. 1995; 44: 1126–1131.

ORIGINAL ARTICLE

Saxagliptin and Cardiovascular Outcomes in Patients with Type 2 Diabetes Mellitus

Benjamin M. Scirica, M.D., M.P.H., Deepak L. Bhatt, M.D., M.P.H.,
Eugene Braunwald, M.D., P. Gabriel Steg, M.D., Jaime Davidson, M.D.,
Boaz Hirshberg, M.D., Peter Ohman, M.D., Robert Frederick, M.D., Ph.D.,
Stephen D. Wiviott, M.D., Elaine B. Hoffman, Ph.D.,
Matthew A. Cavender, M.D., M.P.H., Jacob A. Udell, M.D., M.P.H.,
Nihar R. Desai, M.D., M.P.H., Ofri Mozenson, M.D., Darren K. McGuire, M.D.,
Kausik K. Ray, M.D., Lawrence A. Leiter, M.D., and Itamar Raz, M.D.,
for the SAVOR-TIMI 53 Steering Committee and Investigators*

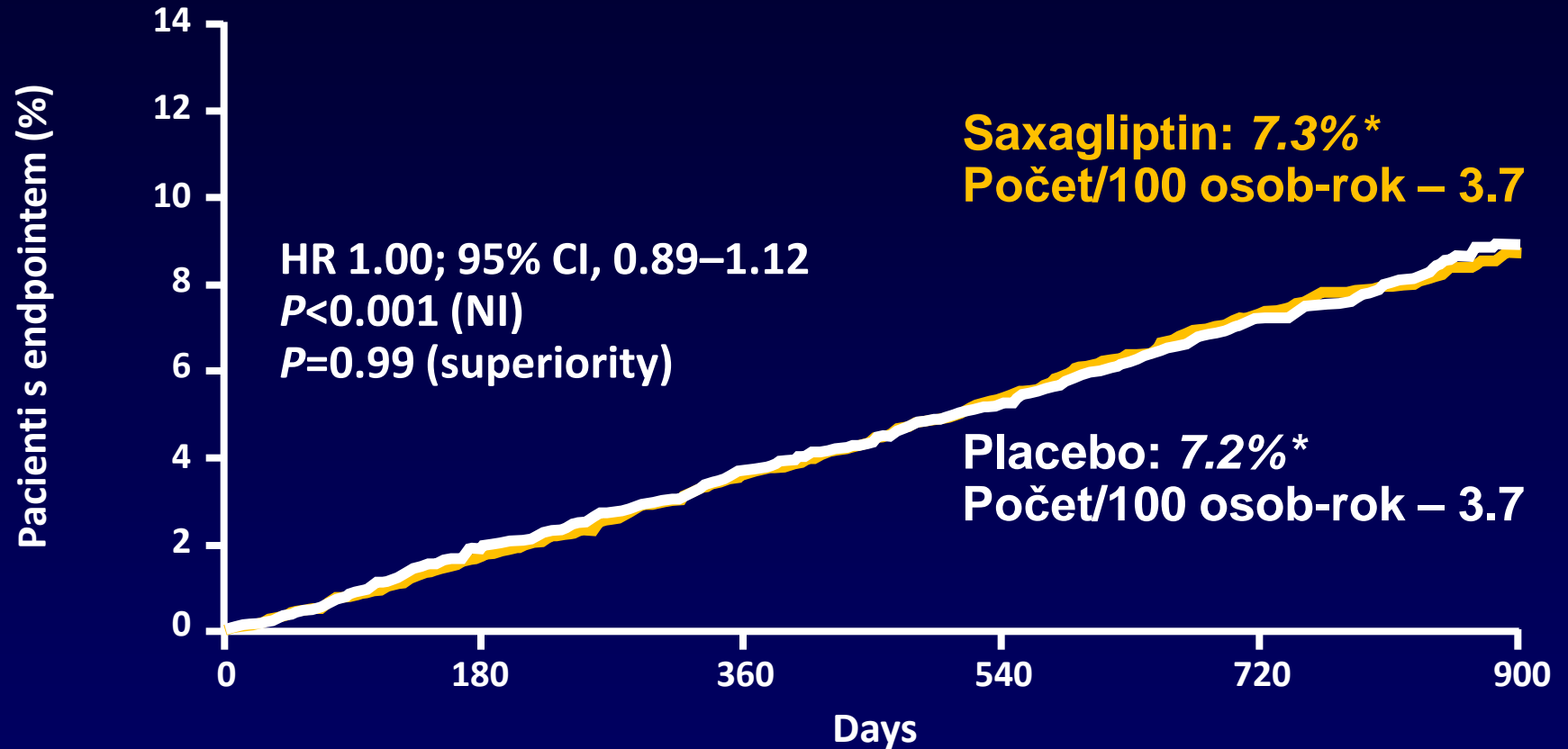
Zpráva ze sjezdu ESC 2013

Studie SAVOR-TIMI 53 a EXAMINE byly prezentovány na ESC 2013 – nová data pro DPP-4 inhibitory

prof. MUDr. Jindřich Špinar, CSc.

Interní kardiologická klinika LF MU a FN Brno

Primární cíl – KV úmrtí, nefatální IM, nefatální ischemická CMP



	0	180	360	540	720	900
Placebo	8212	7983	7761	7267	4855	851
Saxagliptin	8280	8071	7836	7313	4920	847

*K-M event rates are presented after 2 yrs.

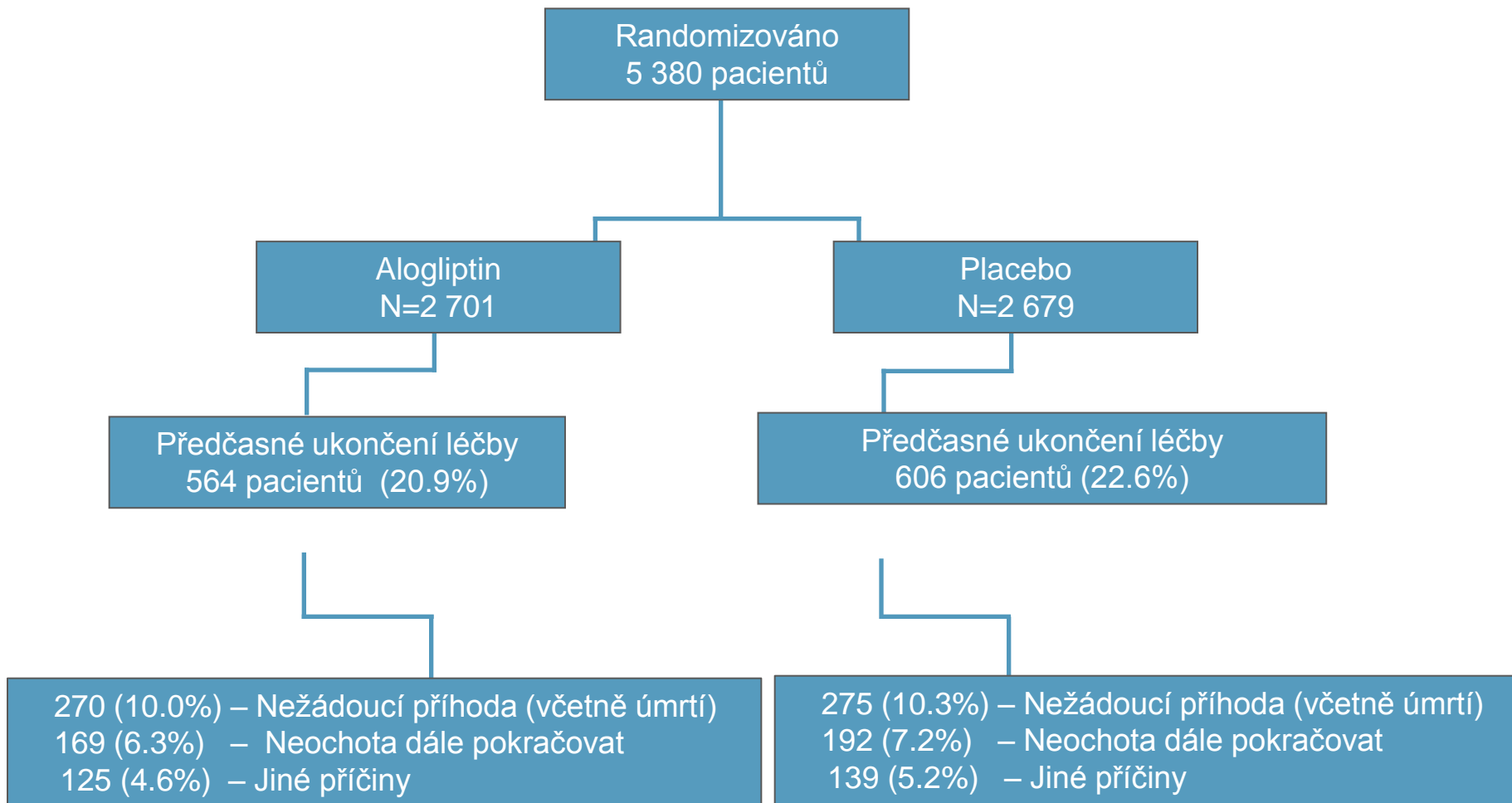
HR: hazard ratio; K-M: Kaplan-Meier; Pbo: placebo; Saxa: saxagliptin

Scirica BM, et al. *N Engl J Med*. 2013.10.1056/NEJMoa1307684.

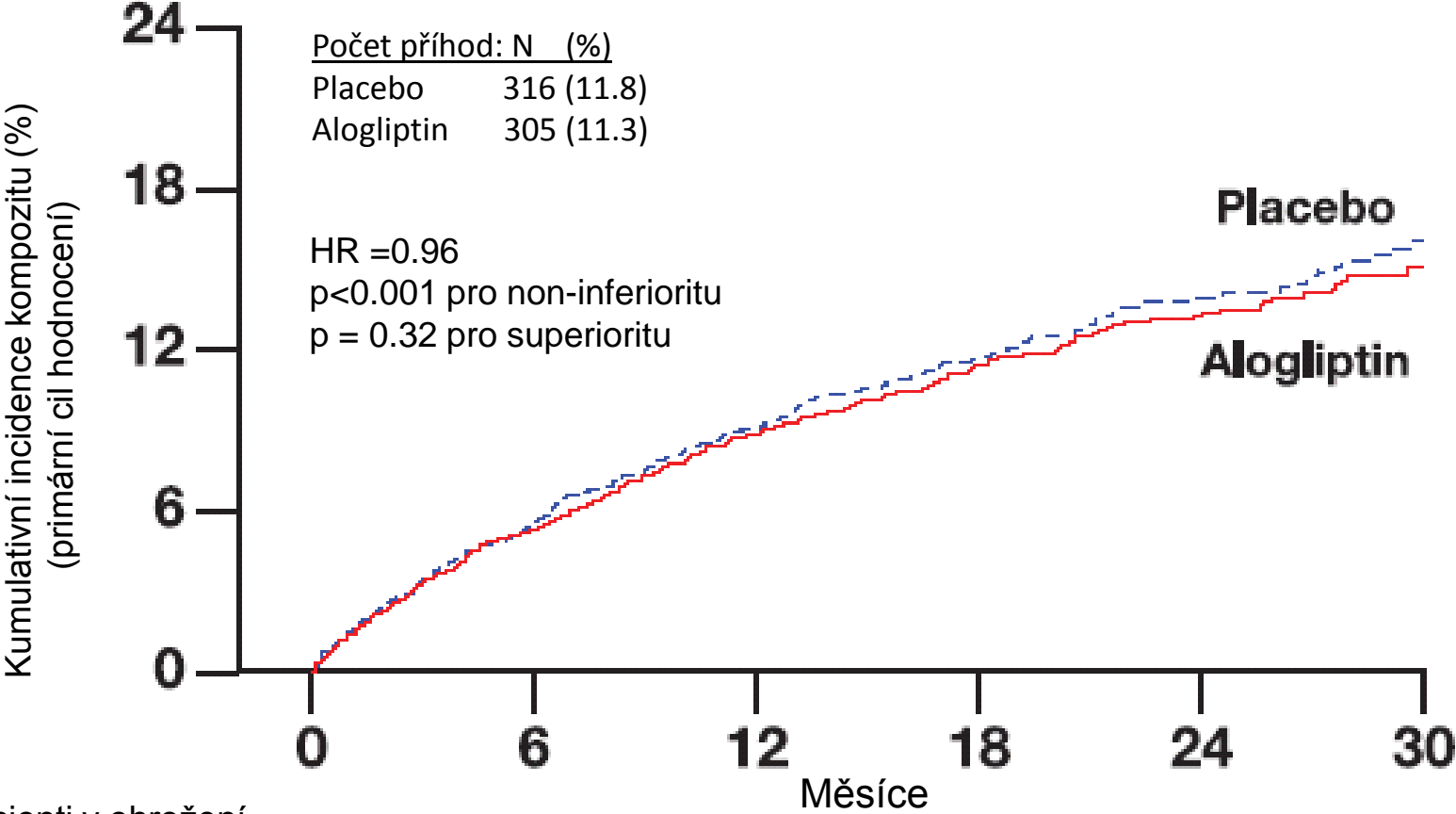
Jednotlivé součásti sekundárního cíle

Účinnost	Saxagliptin n (%)* (N = 8,280)	Placebo n (%)* (N = 8,212)	HR (95% CI)	P value
KV úmrtí	269 (3.2)	260 (2.9)	1.03 (0.87–1.22)	0.72
IM	265 (3.2)	278 (3.4)	0.95 (0.80–1.12)	0.52
Ischemická CMP	157 (1.9)	141 (1.7)	1.11 (0.88–1.39)	0.38
Hosp pro NAP	97 (1.2)	81 (1.0)	1.19 (0.89–1.60)	0.24
Hosp pro SS	289 (3.5)	228 (2.8)	1.27 (1.07–1.51)	0.007
Hosp pro koron. revasc.	423 (5.2)	459 (5.6)	0.91 (0.80–1.04)	0.18

EXAMINE: Uspořádání studie a rozdělení pacientů



EXAMINE : Alogliptin + standardní léčba ve srovnání s placebem + standardní léčbou nezvyšuje výskyt MACE



Pacienti v ohrožení

Placebo (n):	2679	2299	1891	1375	805	286
Alogliptin (n):	2701	2316	1899	1394	821	296

MACE: závažné kardiovaskulární příhody (CV úmrtí, nefatální infarkt myokardu, nefatální mozková mrtvice)

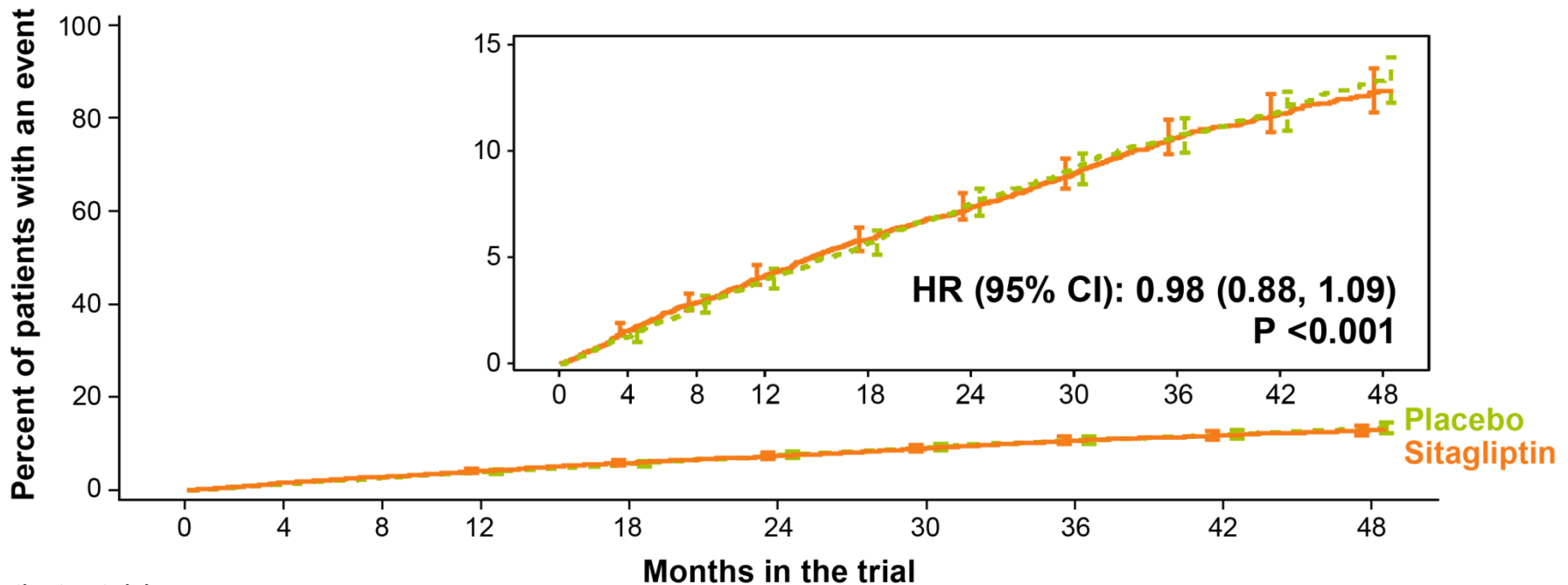
White WB, et al. *N Engl J Med* 2013;369:1327–1335

Trial Evaluating Cardiovascular Outcomes With Sitagliptin (TECOS)



Primární KV výsledky*

PP Analýza pro non- inferioritu



Patients at risk:

Sitagliptin	7,257	6,857	6,519	6,275	5,931	5,616	3,919	2,896	1,748	1,028
Placebo	7,266	6,846	6,449	6,165	5,803	5,421	3,780	2,743	1,690	1,005

* KV úmrtí, nefatální IM, nefatální CMP, hospitalizace pro NAP

Antidiabetic drugs and heart failure outcomes

Dipeptidyl peptidase-4 inhibitors

Medication	Placebo controlled RCT	No of patients	Patients with HF	Median follow-up (years)	HF outcome
Saxagliptin	SAVOR-TIMI 53	8280	13%	2.1	Hospitalization for HF* 1.27 (1.07–1.51)
Alogliptin	EXAMINE	2701	28%	1.5	Hospitalization for HF* 1.07 (0.79–1.46)
Sitagliptin	TECOS	7257	18%	3.0	Hospitalization for HF* 1.00 (0.83–1.20)
Vildagliptin	VIVID	254	All patients NYHA class I-III HF and EF <40%	1.0	No effect on LVEF but demonstrated an increase in LV volumes

ELIXA



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ELIXA Trial Shows CV Safety of Lixisenatide

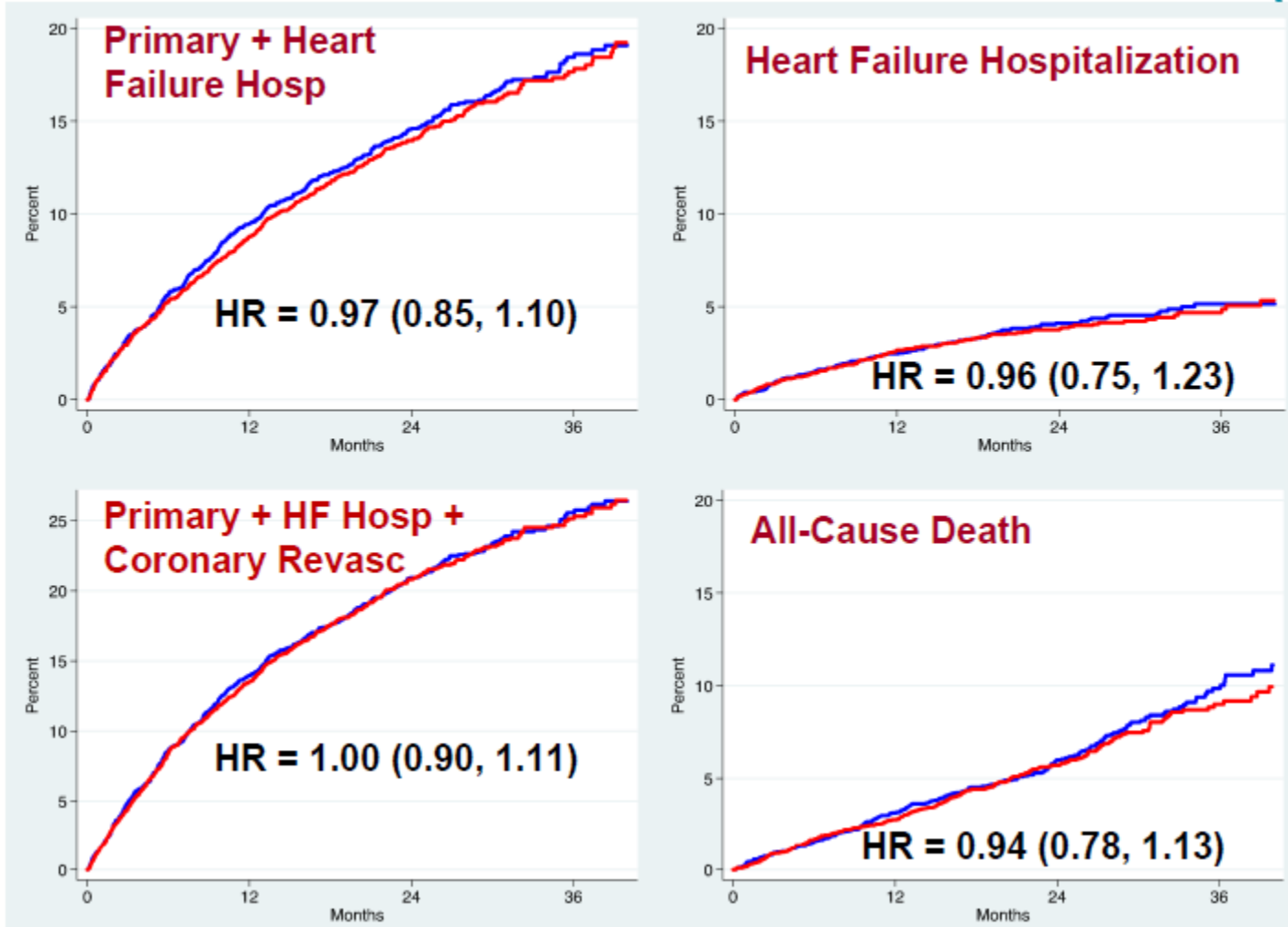
STUDY NAME: The ELIXA Trial - SESSION NAME: Hot Line III - Diabetes Mellitus/Pharmacology

31 Aug 2015

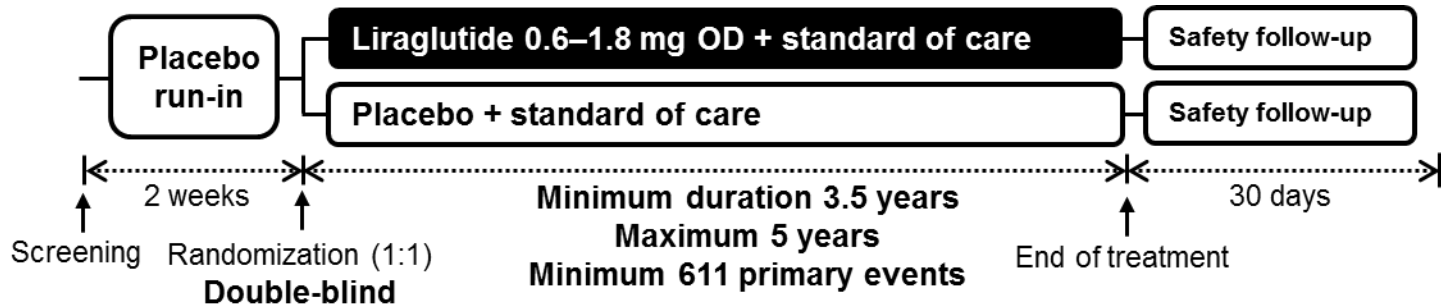
In patients with type 2 diabetes and acute coronary syndrome, the glucose-lowering medication lixisenatide did not increase or decrease the rate of cardiovascular (CV) events compared to

Lixisenatide + standardní léčba ve srovnání s placebem + standardní léčbou nezvyšuje výskyt MACE

Lixisenatide & CV Outcomes



LEADER: Study design



Key inclusion criteria

- T2DM, HbA_{1c} ≥7.0%
- Antidiabetic drug naïve; OADs and/or basal/premix insulin
- Age ≥50 years and established CV disease or chronic renal failure
- **or**
- Age ≥60 years and risk factors for CV disease

Key exclusion criteria

- T1DM
- Use of GLP-1RAs, DPP-4i, pramlintide, or rapid-acting insulin
- Familial or personal history of MEN-2 or MTC

CV: cardiovascular; DPP-4i, dipeptidyl peptidase-4 inhibitor; GLP-1RA: glucagon-like peptide-1 receptor agonist; HbA_{1c}: glycated hemoglobin; MEN-2: multiple endocrine neoplasia type 2; MTC: medullary thyroid cancer; OAD: oral antidiabetic drug; OD: once daily; T2DM: type 2 diabetes mellitus.

Presented at the American Diabetes Association 76th Scientific Sessions, Session 3-CT-SY24. June 13 2016, New Orleans, LA, USA.

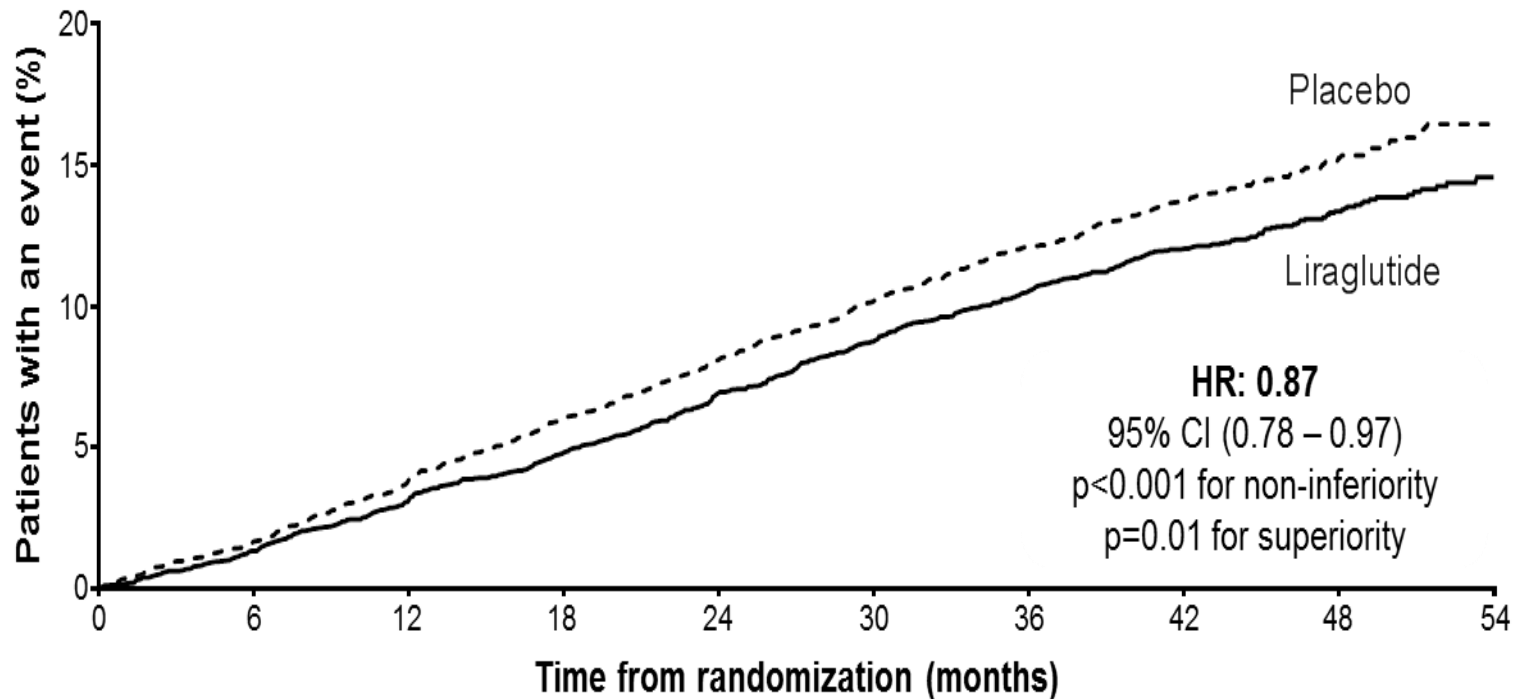
LEADER[®]

Liraglutide Effect and Action in Diabetes:
Evaluation of cardiovascular outcome Results

LEADER

Primary outcome

CV death, non-fatal myocardial infarction, or non-fatal stroke



Patients at risk

Liraglutide	4668	4593	4496	4400	4280	4172	4072	3982	1562	424
Placebo	4672	4588	4473	4352	4237	4123	4010	3914	1543	407

–The primary composite outcome in the time-to-event analysis was the first occurrence of death from cardiovascular causes, non-fatal myocardial infarction, or non-fatal stroke. The cumulative incidences were estimated with the use of the Kaplan–Meier method, and the hazard ratios with the use of the Cox proportional-hazard regression model. The data analyses are truncated at 54 months, because less than 10% of the patients had an observation time beyond 54 months. CI: confidence interval; CV: cardiovascular; HR: hazard ratio.

Albiglutide and cardiovascular outcomes in patients with type 2 diabetes and cardiovascular disease (Harmony Outcomes): a double-blind, randomised placebo-controlled trial



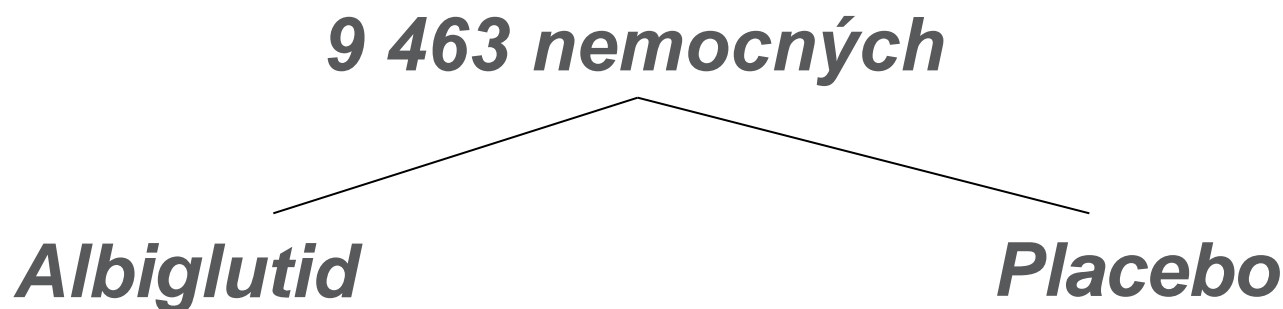
*Adrian F Hernandez, Jennifer B Green, Salim Janmohamed, Ralph B D'Agostino Sr, Christopher B Granger, Nigel P Jones, Lawrence A Leiter, Anne E Rosenberg, Kristina N Sigmon, Matthew C Somerville, Karl M Thorpe, John JV McMurray, Stefano Del Prato, for the Harmony Outcomes committees and investigators**

Summary

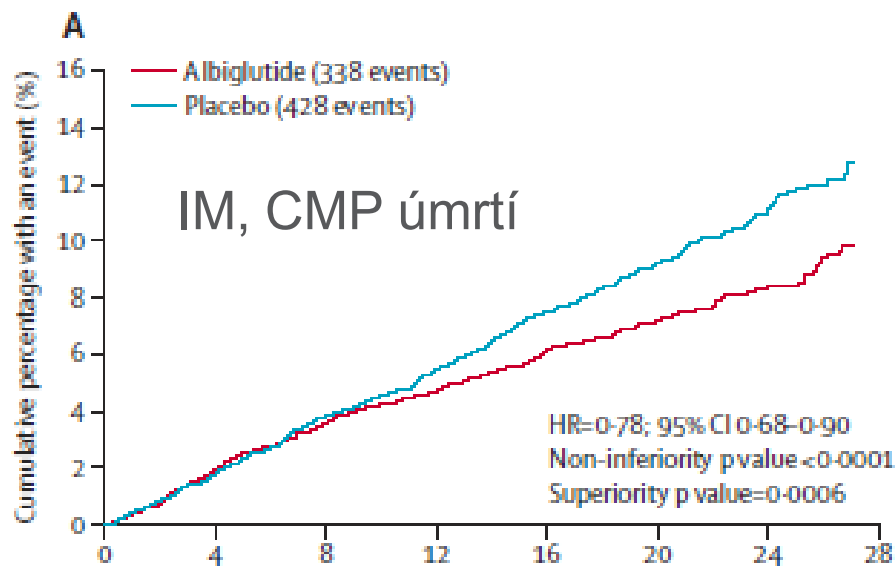
Background Glucagon-like peptide 1 receptor agonists differ in chemical structure, duration of action, and in their effects on clinical outcomes. The cardiovascular effects of once-weekly albiglutide in type 2 diabetes are unknown. We aimed to determine the safety and efficacy of albiglutide in preventing cardiovascular death, myocardial infarction, or stroke.

Lancet 2018; 392: 1519–29

Published Online
October 2, 2018

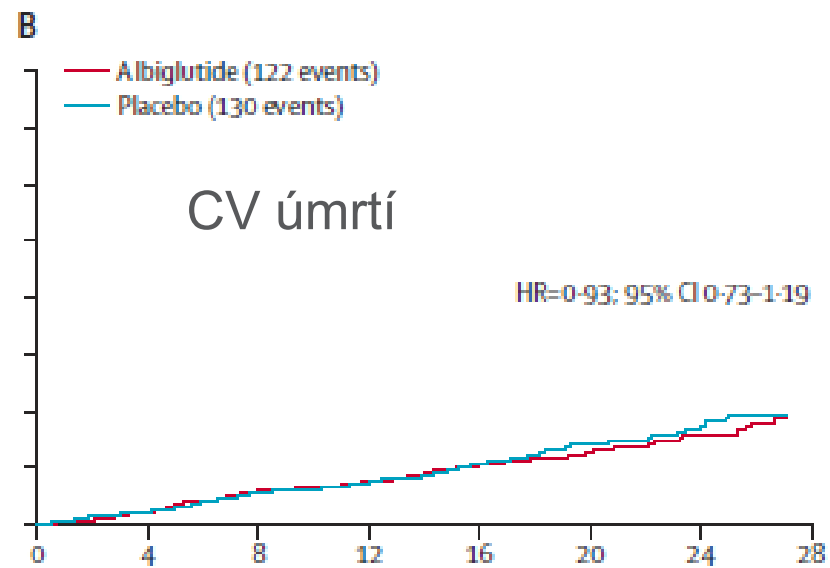


Průměr sledování 1,6 let

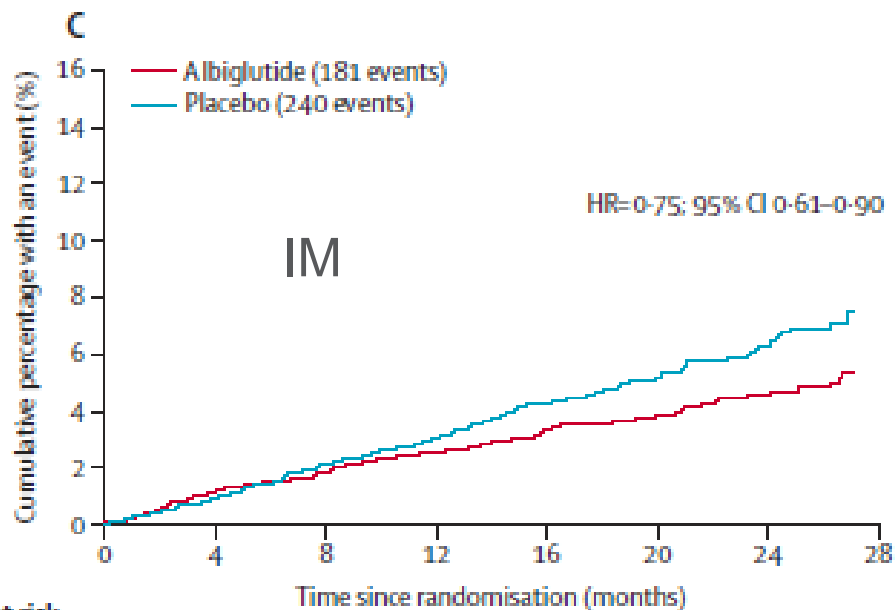


Number at risk

	0	4	8	12	16	20	24	28
Albiglutide	4731	4613	4503	4239	3148	2142	1064	..
Placebo	4732	4603	4460	4208	3074	2077	1030	..

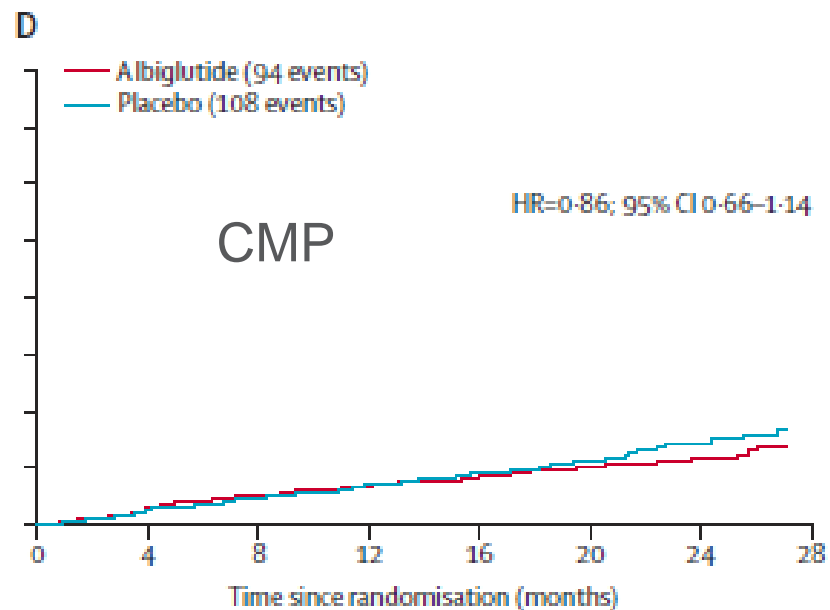


	0	4	8	12	16	20	24	28
Albiglutide	4731	4681	4611	4379	3274	2234	1121	..
Placebo	4732	4662	4580	4373	3245	2226	1121	..



Number at risk

	0	4	8	12	16	20	24	28
Albiglutide	4731	4635	4543	4286	3184	2167	1080	..
Placebo	4732	4624	4496	4262	3124	2122	1056	..



	0	4	8	12	16	20	24	28
Albiglutide	4731	4658	4570	4328	3233	2205	1103	..
Placebo	4732	4640	4543	4318	3194	2178	1093	..

T2DM treatment and HF outcomes

Glucagon-like peptide-1 receptor agonists

Results of RCTs with GLP-1 receptor agonists suggest a **neutral effect** on the risk of HF hospitalization

Medication	Placebo controlled RCT	No of patients	Patients with HF	Median follow-up	HF outcome
Lixisenatide	ELIXA ¹	6068	22%	2.1 years	Hospitalization for HF* 0.96 (0.75-1.23)
Liraglutide	LEADER ²	9340	18%	3.8 years	Hospitalization for HF* 0.97 (0.73 – 1.05)
Semaglutide	SUSTAIN-6 ³	3297	24%	2.1 years	Hospitalization for HF* 1.11 (0.77 – 1.61)
Exenatide	EXSCEL ⁴	14 752	16% (mostly HFpEF or HFmrEF)	3.2 years	Hospitalization for HF* 0.94 (0.78 – 1.13)

*Data presented as HR with 95% confidence interval

GLP1 novinky

Dulaglutid (Trulicity) – aplikace 1x týdně

Program AWARD

Fixní kombinace

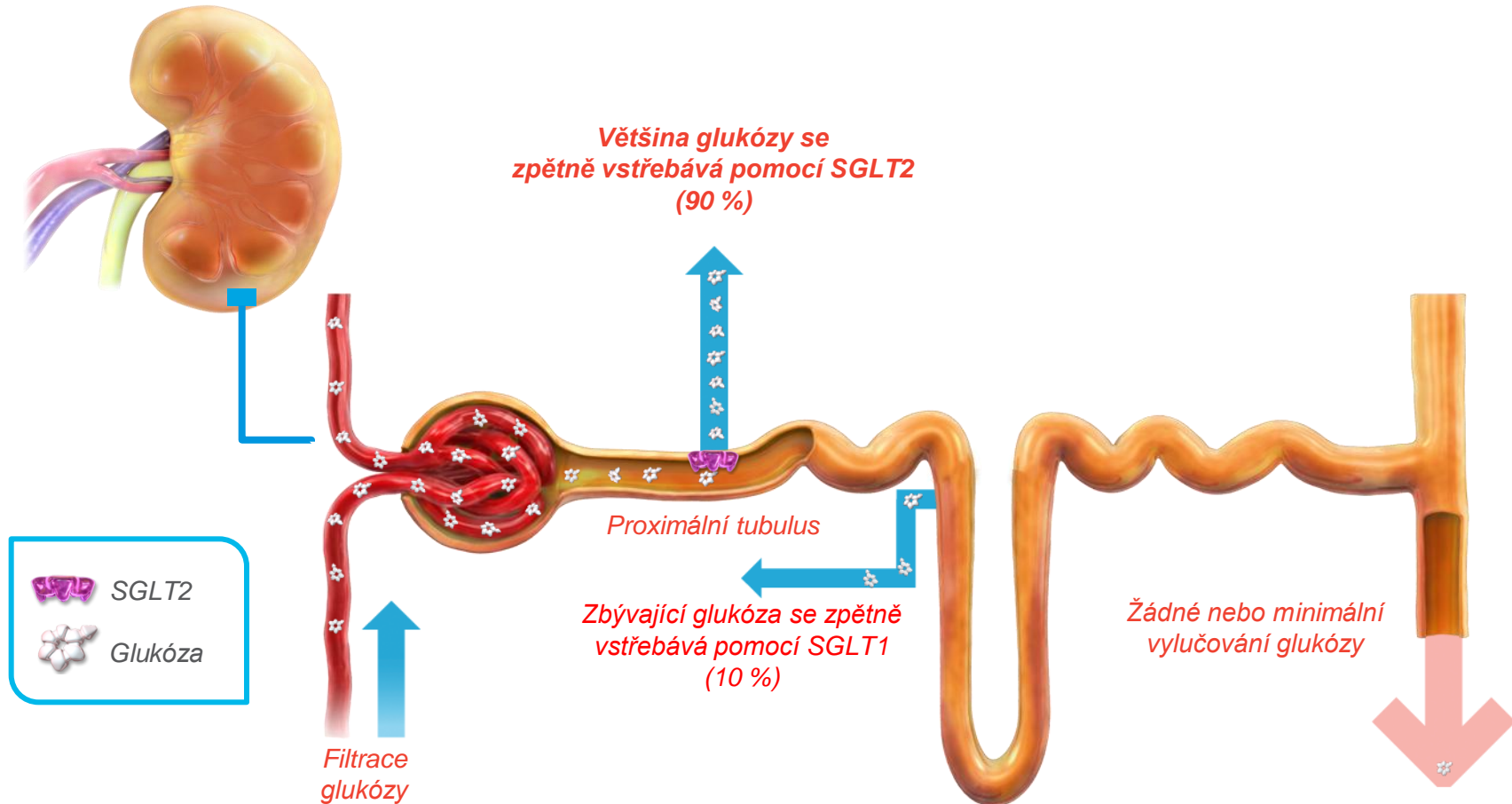
***analoga GLP1 + dlouhodobě působící inzulin
v předplněném peru***

Xulotophy : Inzulin degludek + liraglutid

Suliqua : inzulin glargin + lixisenatid

1 denně

Normální transport glukózy v ledvinách¹⁻³



SGLT, sodíko-glukózový kotransportér.

1. Wright EM. *Am J Physiol Renal Physiol* 2001;**280**:F10–18; 2. Lee YJ, et al. *Kidney Int Suppl* 2007;**106**:S27–35;
2. Hummel CS, et al. *Am J Physiol Cell Physiol* 2011;**300**:C14–21.

EMPA-REG OUTCOME

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ORIGINAL ARTICLE

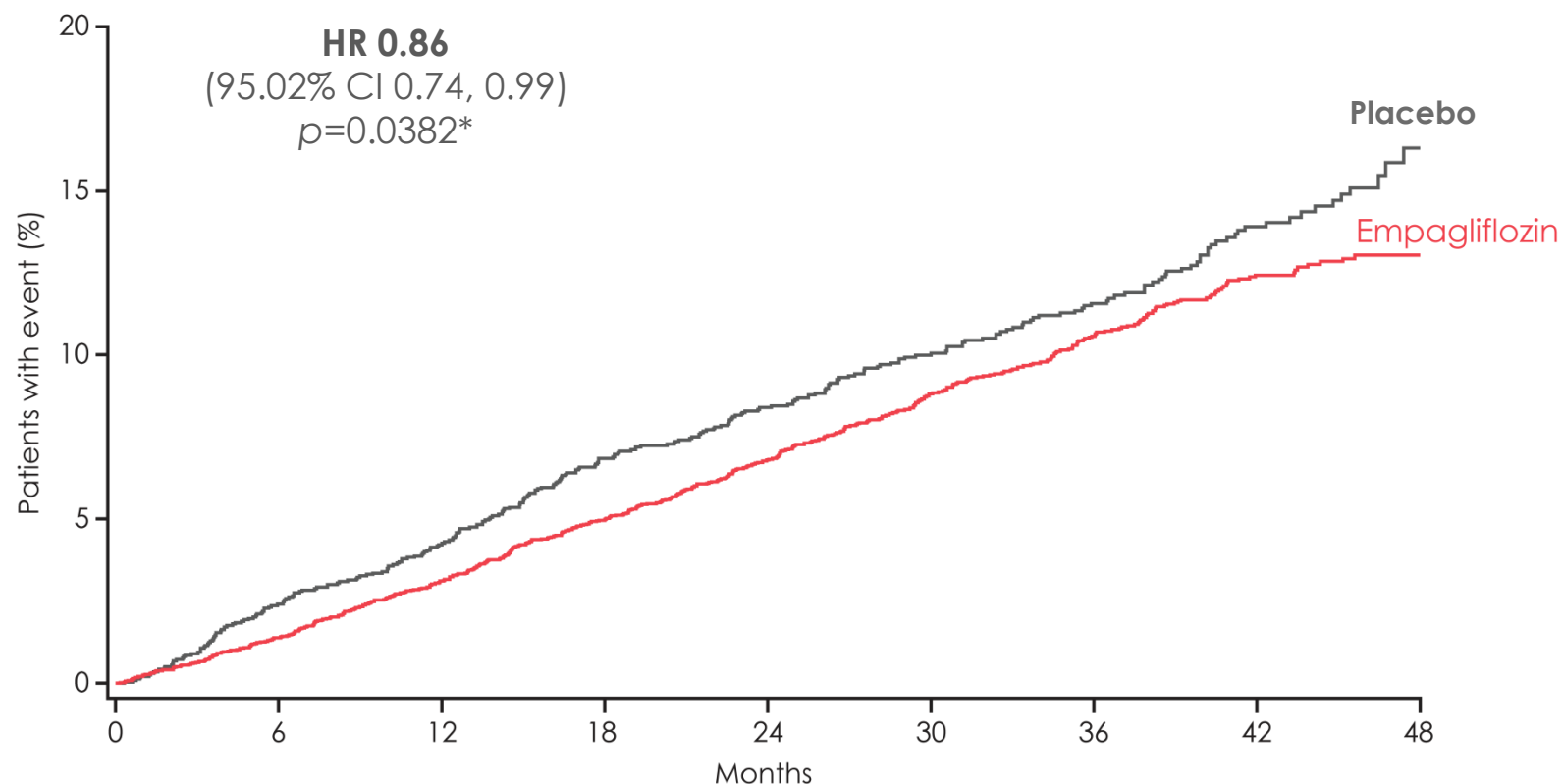
Empagliflozin, Cardiovascular Outcomes, and Mortality in Type 2 Diabetes

Bernard Zinman, M.D., Christoph Wanner, M.D., John M. Lachin, Sc.D., David Fitchett, M.D., Erich Bluhmki, Ph.D., Stefan Hantel, Ph.D., Michaela Mattheus, Dipl. Biomath., Theresa Devins, Dr.P.H., Odd Erik Johansen, M.D., Ph.D., Hans J. Woerle, M.D., Uli C. Broedl, M.D., and Silvio E. Inzucchi, M.D. for the EMPA-REG OUTCOME Investigators

September 17, 2015 | DOI: 10.1056/NEJMoa1504720

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Primární cíl: 3P-MACE empagliflozin snížil riziko o 14%



No. of patients

Empagliflozin	4687	4580	4455	4328	3851	2821	2359	1534	370
Placebo	2333	2256	2194	2112	1875	1380	1161	741	166

— Cumulative incidence function. MACE, Major Adverse Cardiovascular Event; HR, hazard ratio.

* Two-sided tests for superiority were conducted (statistical significance was indicated if $p \leq 0.0498$)



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ORIGINAL ARTICLE

Canagliflozin and Cardiovascular and Renal Events in Type 2 Diabetes

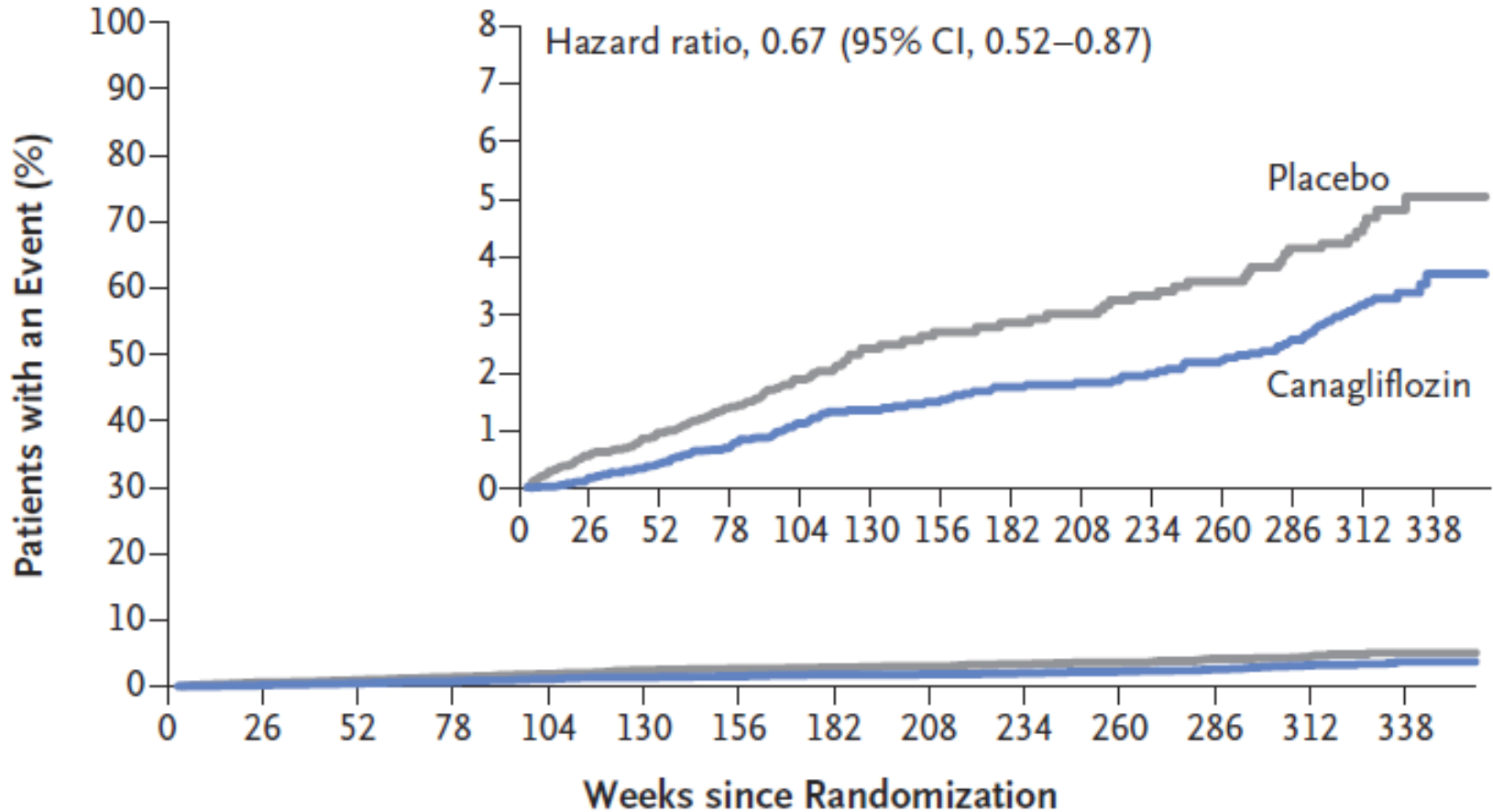
Bruce Neal, M.B., Ch.B., Ph.D., Vlado Perkovic, M.B., B.S., Ph.D.,
Kenneth W. Mahaffey, M.D., Dick de Zeeuw, M.D., Ph.D., Greg Fulcher, M.D.,
Ngozi Erondu, M.D., Ph.D., Wayne Shaw, D.S.L., Gordon Law, Ph.D.,
Mehul Desai, M.D., and David R. Matthews, D.Phil., B.M., B.Ch.,
for the CANVAS Program Collaborative Group*



CANVAS

hospitalizace pro srdeční selhání

Hospitalization for Heart Failure



CANVAS

Canagliflozin and the Risk of Leg and Foot Amputations

Jun 4, 2016

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FDA issues alert about interim safety results from ongoing clinical trial, but study of potential canagliflozin amputation risk is ongoing.

The FDA has not determined whether canagliflozin increases the risk of leg and foot amputations. They are currently investigating this new safety issue and will update the public when they have more information.

7 z 1000 pts/rok na 100mg canagliflozinu
5 z 1000 pts/rok na 300mg canagliflozinu
3 z 1000 pts/rok na placebo



CREDESCENCE

v

ORIGINAL ARTICLE FREE PREVIEW

Canagliflozin and Renal Outcomes in Type 2 Diabetes and Nephropathy

Vlado Perkovic, M.B., B.S., Ph.D., Meg J. Jardine, M.B., B.S., Ph.D., Bruce Neal, M.B., Ch.B., Ph.D., Severine Bompont, B.Sc., Hidde J.L. Heerspink, Pharm.D., Ph.D., David M. Charytan, M.D., Robert Edwards, M.P.H., Rajiv Agarwal, M.D., George Bakris, M.D., Scott Bull, Pharm.D., Christopher P. Cannon, M.D., George Capuano, Ph.D., et al., for the CREDESCENCE Trial Investigators*

SGLT2 inhibition lowers risk of kidney failure in patients with T2DM and kidney disease

Canagliflozin and Renal Outcomes in Type 2 Diabetes and Nephropathy

LITERATURE - PERKOVIC V, JARDINE MG, NEAL B ET AL., - NEW ENGL J MED. 2019. APRIL 14, DOI: 10.1056/NEJMOA1811744

Presented during *ISN-WCN 2019* in Melbourne, Australia on April 15, 2019.



CREDENCE

Main results

- The primary composite outcome was seen significantly less frequently in the canagliflozin group than in the placebo group (43.2 vs 61.2 per 1000 patient-years; HR: 0.70, 95% CI: 0.58-0.86, P=0.00001).
- The rate of serious adverse events was similar between groups (HR: 1.0, 95% CI: 0.88-1.13, P=0.99). The rate of doubling of serum creatinine (HR: 0.60, 95% CI: 0.48-0.76, P<0.0001) and the rate of dialysis, kidney transplantation or renal death was also reduced (HR: 0.54, 95% CI: 0.42-0.70, P<0.0001).
- The rate of lower-limb amputation (HR: 1.1, 95% CI: 0.79-1.56, P=0.54) and fractures (HR: 0.98, 95% CI: 0.70-1.37, P=0.93) were similar between groups.

Rates of adverse events and serious adverse events were similar between groups. No significant difference was seen in the risk of lower-limb amputation (12.3 vs. 11.2 per 1000 PY with canagliflozin vs. placebo, HR: 1.1, 95%CI: 0.79-1.56) and fractures (HR: 0.98, 95%CI: 0.70-1.37).

???

ORIGINAL ARTICLE

Dapagliflozin and Cardiovascular Outcomes in Type 2 Diabetes

S.D. Wiviott, I. Raz, M.P. Bonaca, O. Mosenzon, E.T. Kato, A. Cahn, M.G. Silverman, T.A. Zelniker, J.F. Kuder, S.A. Murphy, D.L. Bhatt, L.A. Leiter, D.K. McGuire, J.P.H. Wilding, C.T. Ruff, I.A.M. Gause-Nilsson, M. Fredriksson, P.A. Johansson, A.-M. Langkilde, and M.S. Sabatine, for the DECLARE–TIMI 58 Investigators*

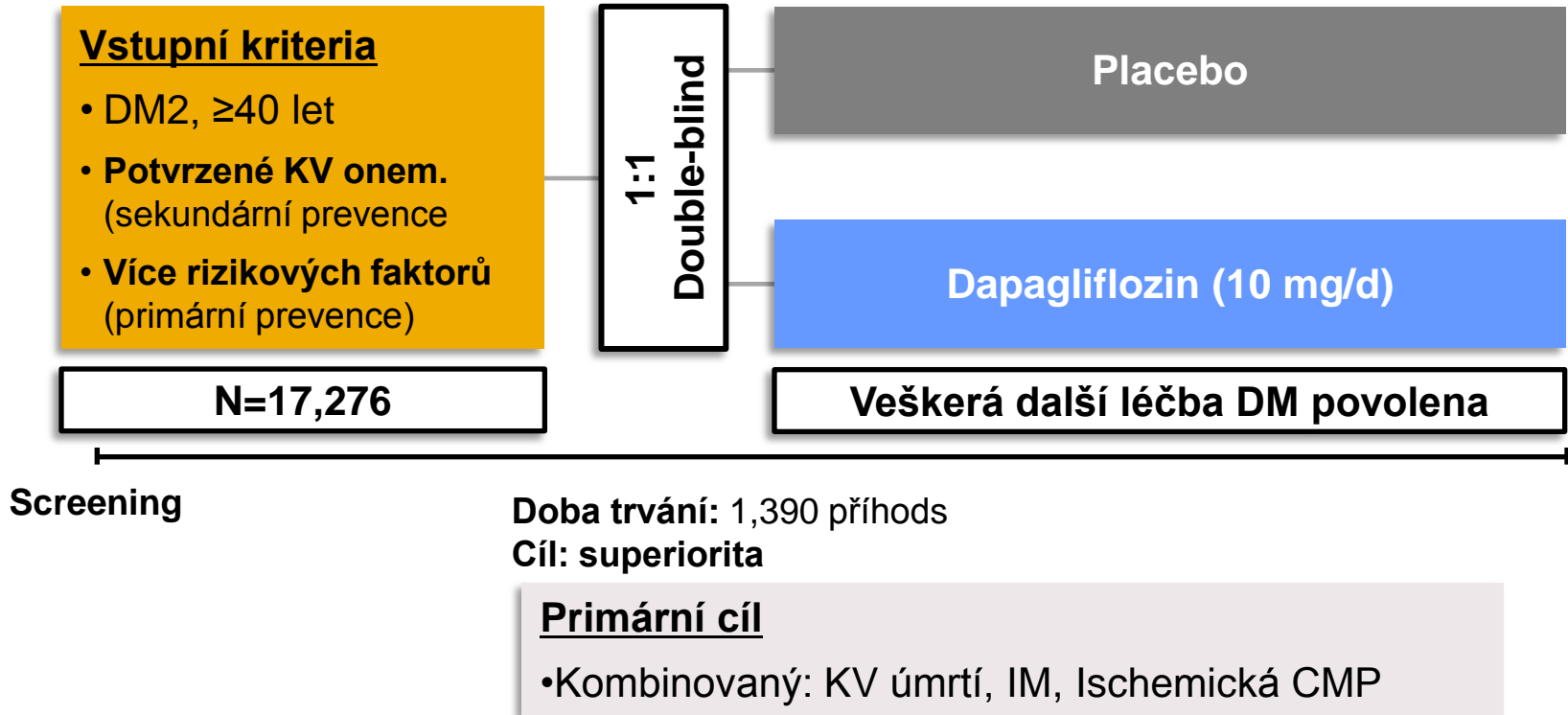
ABSTRACT

BACKGROUND

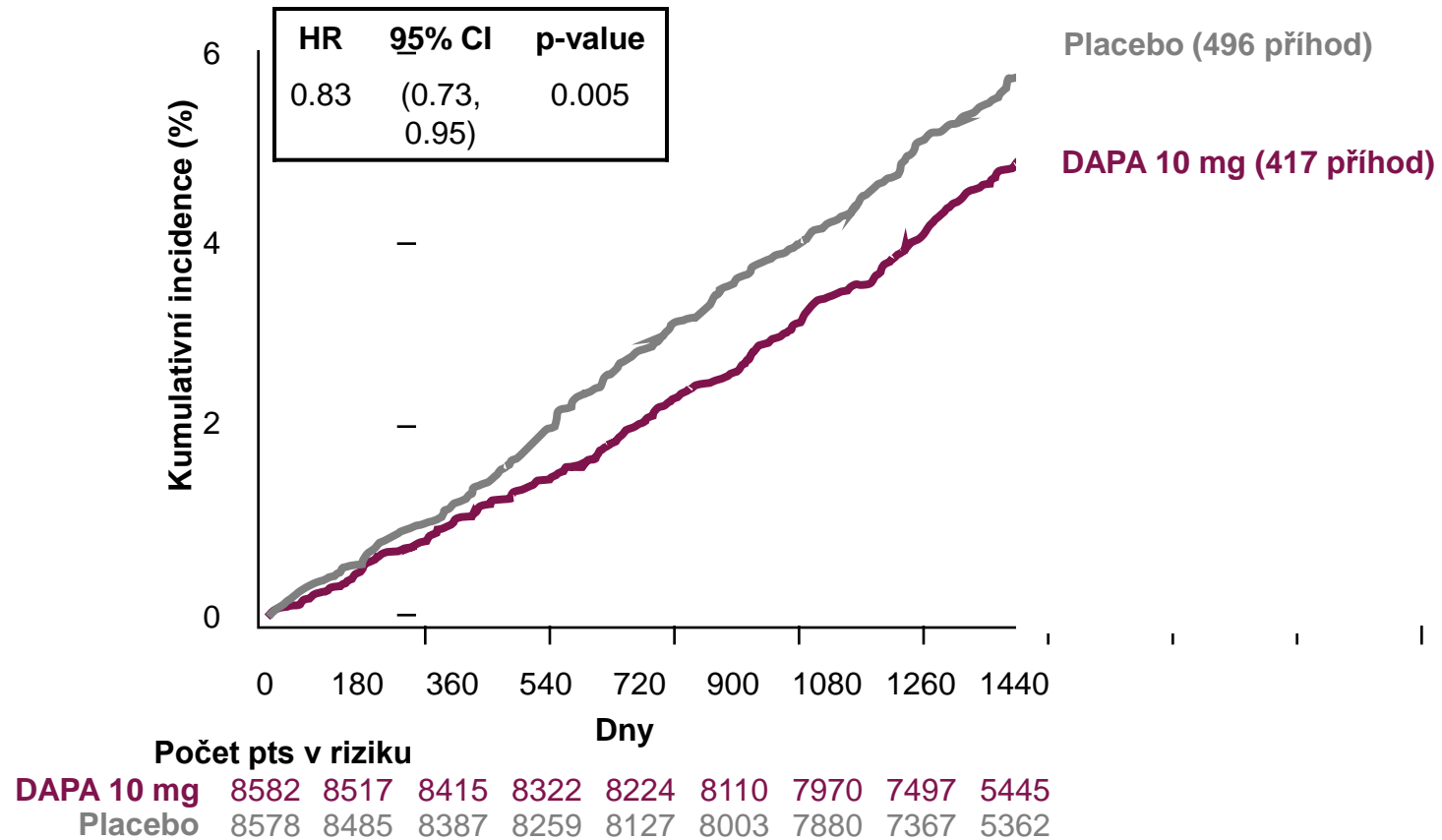
The cardiovascular safety profile of dapagliflozin, a selective inhibitor of sodium–glucose cotransporter 2 that promotes glucosuria in patients with type 2 diabetes, is undefined.

DECLARE

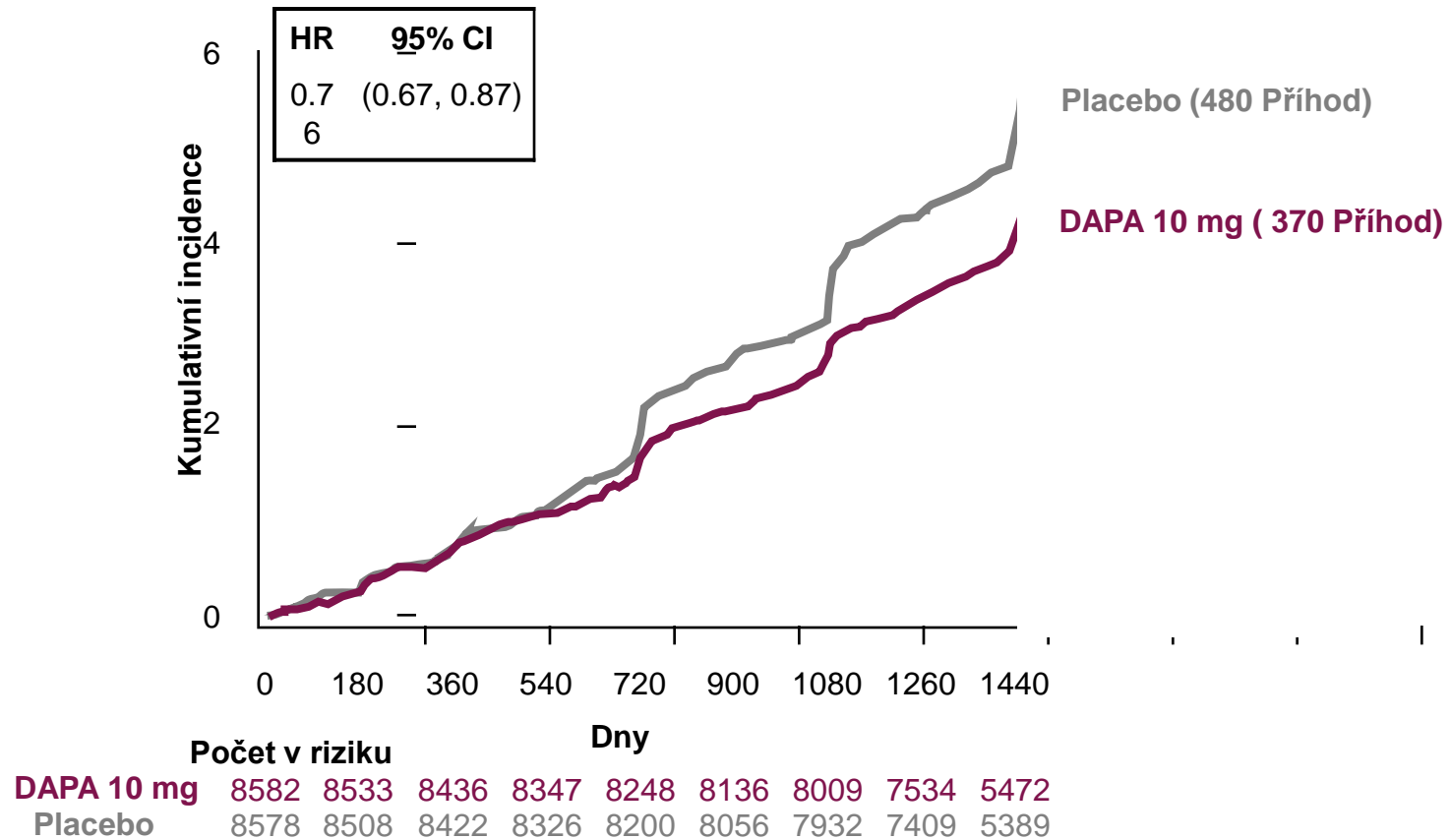
(Dapagliflozin Effects on CardiovascuLAR Events)



Primární cíl: hospitalizace pro srdeční selhání a KV úmrtí



Sekundární cíl: Renální kompozitní cíl



Wiviott SD et al. Online ahead of print. *New Engl J Med.* 2018.



Comparison of the Effects of Glucagon-Like Peptide Receptor Agonists and Sodium-Glucose Cotransporter 2 Inhibitors for Prevention of Major Adverse Cardiovascular and Renal Outcomes in Type 2 Diabetes Mellitus

Systematic Review and Meta-Analysis of Cardiovascular Outcomes Trials

Zelniker T.A. et al: Circulation 2019; 139: 2022-2031

RESULTS: In total, data from 8 trials and 77 242 patients, 42 920 (55.6%) in GLP1-RA trials, and 34 322 (44.4%) in SGLT2i trials, were included. Both drug classes reduced MACE in a similar magnitude with GLP1-RA reducing the risk by 12% (hazard ratio [HR], 0.88; 95% CI, 0.84–0.94; $P<0.001$) and SGLT2i by 11% (HR, 0.89; 95% CI, 0.83–0.96; $P=0.001$). For both drug

SGLT2i reduced hospitalization for heart failure by 31% (HR, 0.69; 95% CI, 0.61–0.79; $P<0.001$), whereas GLP1-RA did not have a significant effect (HR, 0.93; 95% CI, 0.83–1.04; $P=0.20$).

CONCLUSIONS: In trials reported to date, GLP1-RA and SGLT2i reduce atherosclerotic MACE to a similar degree in patients with established atherosclerotic cardiovascular disease, whereas SGLT2i have a more marked effect on preventing hospitalization for heart failure and progression of kidney disease.

Antidiabetic drugs and the risk of heart failure

Antidiabetic drugs with unfavorable or uncertain effects on the risk of heart failure



- ❖ **Thiazolidinediones** (pioglitazone and rosiglitazone)
- ❖ **Sulphonylurea**
- ❖ **DPP-4** (saxagliptin, alogliptin (?))

Antidiabetic drugs with a neutral effect on the risk of heart failure



- ❖ **Insulin-glargine**
- ❖ **GLP-1 receptor agonists** (lixisenatide, liraglutide, semaglutide, exenatide)
- ❖ **DPP-4 inhibitor:** sitagliptin

Antidiabetic drugs with a beneficial effect on the risk of heart failure



- ❖ **Metformin**
- ❖ **SGLT-2 inhibitors** (empagliflozin, canagliflozin)

DĚKUJI ZA POZORNOST

